

# Let the Money You Spend EARN YOU INTEREST!

We Propose To Give A Discount Of

**5c**

ON THE DOLLAR

On All Cash Sales And A Discount of

**2c**

ON THE DOLLAR

On All Accounts Settled Every 30 Days.

A few special bargains until further notice:

Good Fat Meat, 27c. Lard, 30c. Cheese, 40c. Prunes,

25c. Soap, 5c. up to 10c.

One thousand pairs of shoes at less than factory price,

and many other articles which we want to move to make

room for Spring Stock.

HIGHEST MARKET PRICE ALLOWED FOR COUN-

TRY PRODUCE IN EXCHANGE FOR

MERCHANDISE

## BROWN & SMITH

The House Of Quality

APPOMATTOX, VA.

Assets \$8,000,000.00

## FIRST NATIONAL BANK

(Organized, 1888)

The Old, Big, Strong Bank

Pays Interest on Deposits at the Rate of

"3 per cent and Safety"

E. P. MILLER, President

ERNEST WILLIAMS, Vice-President

B. D. OWEN, Cashier

A. L. JONES, Assistant Cashier

The First National Bank

OF LYNCHBURG.

## FORD

The Universal Car

### Weak Links in a Strong Chain

That's just what imitation parts are when they become a part of your Ford car. They look strong enough, but the metal isn't there—the strong, durable Vanadium steel that goes into the Ford chassis and every Ford part. Ford parts are specially cast and heat-treated, each according to its use. Some require a hard, flexible wearing surface, others need resiliency, and some need just toughness.

Ford metallurgists have been studying these problems for sixteen years and know just how each unit should be made to endure a maximum of wear and tear. They know that better results can be obtained only by the use of special formulas for different parts, and that honest Ford parts wear from thirty-five to one hundred per cent. longer than counterfeits.

We carry complete assortments of genuine Ford parts for both passenger cars and trucks. And our garage is equipped to give careful, prompt Ford service—from minor adjustments to complete overhauls. Drive in, it's better to be safe than sorry. Come to the Authorized Ford dealer for service.

## Appomattox Garage W. M. Hancock

Prop.

Inset on Genuine Ford Parts

### Nice Showing of Suits for Spring

STYLES TO SUIT—

the young man who likes the newest cuts in clothes—the conservative man who is for dignity, the elderly man who has come to the conclusion that there is nothing like plainness and solid comfort.

Our big values are what hold our old customers and continually gain us new ones. You should investigate.

"The House That Builds Them All For The Price"

**SHEARER BROS.**

One Price

822 MAIN ST.

Cash Only

## CURRENT WIT and HUMOR



HAD HIS DOUBT.

The Counselor—What, you broke after having a hand in that big box job? I thought you fellows had a gentlemen's agreement to share the loot.

The Eggs—We had. But I suspect some of the parties to it were no gentlemen.

Her Reason.  
"I wish I had psychic powers."  
"Why so?"  
"Because I am crazy for a car, and then I could give my husband auto suggestions."

Modest.  
Ethel—I understand she was very modest at her birthday.  
Helen—Well, I should say so; she didn't have half as many candles as she ought to have had on her cake.

Intelligence.  
Doctor—Did you give the patient the insomnia medicine I ordered?  
Amateur Nurse—Yes, doctor, but he got so mad whenever I woke him up to give it to him.

Where Mystery Reigns.  
Biggs—What do you usually eat in this restaurant?  
Higgs—Don't ask me; ask the cook. I simply order from the menu.

Natural Affinity.  
"Why is it that widow seems to attract the horse element?"  
"Probably because she is a grass widow."



First Doctor—How are that patient's nerves?  
Second Doctor—Fine; he can read all the headlines in the daily paper now without a tremor.

Think of Others.  
When on the slippery street you set your foot on a banana peel,  
Think of what fun the others get; Just be an accident.

An Agreement.  
"The court gave that convicted rascal a suspended sentence."  
"So did the lynching mob. They hanged him."

Not in the Race.  
Belle—I wouldn't marry the best man on earth.  
Nell—Of course, you wouldn't. Somebody else long ago beat you to it.

An Enthusiast.  
"Cleanliness can be carried too far."  
"Impossible."  
"Can. If I don't stop her, my wife would scour the lettuce with soap."

One Assurance.  
"Do you know the tale Miss Flirty told you was made up on the face of it?"  
"Maybe not, but she was."

Often in One.  
Heck—My wife has a great fondness for peaches.  
Renee—That depends on whether you refer to animals or the mood.

Its Financial State.  
"That couple have just come back from their wedding trip dead broke."  
"Ah! So the honeymoon has got to its last quarter."

Exact Locality.  
Lawyer—Officer, did you catch the prisoner in flagrante delicto?  
Policeman—No, sir; I caught him in the back alley.

Perfident Illustration.  
"What have you there?"  
"A bouquet entitled, 'Short Cuts to Riches.'"  
"Ah! I see there's a mountain of dollars on the cover. To be consistent, there should be the picture of a penitentiary on the back."

Why He Was Sent to Bed.  
"Pa, what is an anarchist?"  
"One who thinks there should be no government and no authority, my son."  
"Then, pa, is an anarchist?"

Too Comprehensive.  
"Of course," said Senator Sorghum, "I approve of freedom of speech; but I don't like our colleague's idea of it."  
"What is his idea?"  
"The universe as an audience and eternity as the time limit."

Missed Opportunity.  
"I read the other day where a woman dislocated her jaw by yawning and became speechless."  
"And I have been trying to break my wife of yawning because it seemed such a rude habit!"

A Surprise.  
"What busted Cholly?"  
"Dunno."  
"He was apparently doing well selling tips on the stock market."  
"Maybe he got to playing his own tips."

A Whole Lot.  
"Cholly, do you love me?"  
"Sure."  
"A whole lot?"

"Listen here, girl. I think I love you nearly as well as you love yourself."

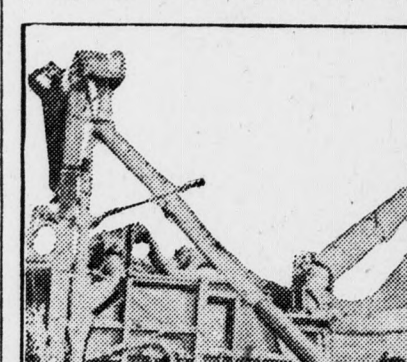
## EXPLOSIONS AND FIRES THWARTED

Dust-Collecting Fan, Attached to Thrashing Machine, Has Proven Successful.

INSURANCE RISK LESSENED

Method Reduces Wind Dissemination of Smut Spores Which Otherwise Would Be Blown Out of Stacker to Infect the Field.

(Prepared by the United States Department of Agriculture.)  
The frequency of dust explosions and fires in connection with thrashing operations in the wheat-producing section of the Pacific Northwest has led to the development of a dust-collecting fan, a device designed and perfected by engineers of the United States Department of Agriculture.



Obviously the railroads can not build them. The electric roads help, but do not entirely fill the bill. There is, however, one method of transportation which, used in conjunction with either of the above mentioned utilities, happily solves the problem. It is the motor truck line.

Worth-while trucks on good roads form the important link in the farm transportation system which will bring about the state of affairs referred to.

Already progressive cities are installing freight terminals for truck lines. Motor express has proven to be a logical, economical and sure method of bringing the farm to market. These lines are run the same as any railroad and may either operate independently or in conjunction with a railroad.

An example of the latter class is found in the motor truck feeder lines for the Wisconsin-Illinois railway concern. About a year ago this company realized its express service was inadequate to care for its territory. They solved their problem by establishing rural motor express lines to take up the work where the interurban left off.

Trucks specially designed for high-speed, economy work, were the vehicles selected for the work. They were equipped with bodies and trailers and put into operation.

They easily proved their economical worth. If a farmer has enough material going in a trailer can be left at his farm. He can then load it and it will be picked up on the next trip. The trucks are able to make two trips over their routes each day, deliver and pick up all kinds of shipments no matter how small or large. Shipments received anywhere in the system up to 6 p. m. are at their destination, which may be any other place, by the following day, before noon of the following day.

From the time the first trucks were installed the popularity of the feedlines was never in doubt. More business than they could possibly handle was quickly offered. The feedlines have been expanding ever since. They offer a really dependable service which means money to the farmers served. The service has been in operation a year and the trucks have functioned all the time. Even the severest days of the winter did not cause a drop of shipments.

### REMEDY FOR CABBAGE WORMS

Government Expert Favors Arsenate of Lead and Paris Green for Killing Pests.

A government expert says the best remedies for the cabbage worm are arsenate of lead and Paris green. The former being cheaper at the present time is recommended at the rate of two pounds in powder form or four pounds in paste form to 50 gallons of water. Adhesiveness is enhanced by the addition of the same amount by weight of creosote soap or resin-soap.

The best form of spraying machinery should be used, with special attention to nozzles in order to secure a mistlike spray. The arsenicals are harmless when properly applied as directed.

### MANY VINES PREFER FENCES

Such Plants as Cucumber, Squash, Melon and Pumpkin Do Better on Far from Kind of Trellis.

The cucumber, melon, squash and pumpkin vines, you will find, have high inclines, and would rather climb on the fence or trellis than run on the ground. It will be necessary to support by cords or rags the heavier varieties of melons and squashes. Again, the squash bug expects to find its favorite food on the ground.

### Cheaper Than Beef.

In many parts of the country, especially on farms, chicken is probably much cheaper than beef, as only the cost of production has to be considered.

Raise More Poultry.  
Raise all the chickens and turkeys you can this year. The prices for poultry products will remain about the same, but the supply of eggs will be much better, so you will be sure of good returns for your labor.

Leghorns Are Immune.  
If there is danger of catching your fowls, raise Leghorns, for they will stay away if there is no other way out.

Buy the Best.  
When buying pure-bred fowls do not seek "culls," but endeavor to secure those that are good.

No Drink Like Water.  
A plentiful supply of clean, fresh water must always be available to the hens. The fowls drink freely.

## MOTOR EXPRESS WILL AID TRANSPORTATION

Facilities for Hauling Farm Produce Are Lacking.

Solution of Problem Seen in Establishment of Rural Auto Truck Feeder Lines—Specially Designed Vehicles Used.

It has been asserted that 50 per cent of the perishable produce now grown on farms throughout the United States is wasted because proper facilities for hauling it to market are lacking. The loss to farmers, together with the economic loss to the whole nation due to this condition, reaches a tremendous total. It is further claimed the solution of this problem would go a long way to satisfactorily reduce the high cost of living. In a word it would give the farmer more money for his capital and work, and at the same time make the tariff easier on the ultimate consumer.

What is really needed is a branch feeder line to each farm. Obviously the railroads can not build them. The electric roads help, but do not entirely fill the bill. There is, however, one method of transportation which, used in conjunction with either of the above mentioned utilities, happily solves the problem. It is the motor truck line.

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### HOW TO LIVE

Common Sense Comments on Health, Happiness and Longevity

By GEORGE F. BUTLER, A. M., M. D.

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#### SUNSHINE.

There is no better medicine, no greater purifier, no better friend to the human body than sunshine. Sunshine costs nothing, is refreshing, invigorating, life-giving to both sick and well. People who have not the idea that nothing is valuable that does not cost something, and are apt to value all blessings by the money value they possess, are apt to overlook the fact that sunshine is a free gift to all. It is as well always to bear in mind that the three greatest blessings humanity receives—sunlight, pure air and water—are all free to all. They are everywhere and can be had without money and without price. If you would enjoy good health, see to it that you have pure air to breathe all the time, that you receive the direct benefit of the sunshine an hour or two every day, and surround it with the best of food. The sleeping rooms should be large and bright, with windows on the eastern exposure to receive the benefit of the morning sun. Too many shades trees too close to the house are an injury rather than a benefit, and should be removed if they prevent free access of the sunlight to all the rooms. Let in the sun, shades and awnings, and let it do its blessed work of purification.

Very intimate relations exist between the sun and digestion. Digestion and assimilation become weak and imperfect if the man or animal is not freely exposed to the direct rays of the sun. No plant or animal can get in the dark. Plant a potato in your cellar. If there is a little light, that potato will sprout and rot. If it is in the dark, it will grow and be fit to eat. So the human body, if it is in the dark, it will be unhealthy. The sun is a powerful illuminating agent for the growth of all forms of microscopic life. Somebody who looks at the sun in the chemical constituents of milk, and thinks that the sun is the cause of the change in the silver salts in photography, did you ever notice that grain growing under trees is not so large and does not fill as well as that growing in the open where there is plenty of sunshine?

The white light of the sun is a most powerful illuminating agent for the growth of all forms of microscopic life. Somebody who looks at the sun in the chemical constituents of milk, and thinks that the sun is the cause of the change in the silver salts in photography, did you ever notice that grain growing under trees is not so large and does not fill as well as that growing in the open where there is plenty of sunshine?

The high cost of the sun has revived the question: "Do we eat too much meat for our own good?" Probably all of us eat too much food of all kinds. We are in the habit of smiling benignly when we speak of our friend the vegetarian, but scientific investigation and experiment is coming to his rescue and demonstrating that while possibly it may not be wise for all persons to cut most out of their diet, it unquestionably would be a great benefit to the race, physically, if the quantity of meat consumed should be materially decreased, and, too, it considerably less food of all kinds were taken into the stomach. It is quite surprising to those who have never tried it before how well they can get along without flesh food. Nature has provided simple food, in the shape of cereals, fruits, vegetables, and so on, and it is our duty to eat of it to her established order of diet we should be a happier and healthier race.

Learn How To Live.  
It is not only the part of expediency but morally imperative for every one to do that lies in his power to be well, steadily and joyfully well.

## Hill Buggy & Wagon Co.

Main & 13th Sts. Lynchburg, Va.

Wholesale & Retail

If you are in the market for a vehicle of any kind it will pay you to see our line of

Buggies - Surreys - Spring Wagons Etc.

We are just getting in the largest stock we have ever attempted to carry.

Thornhill Long Sleeve Skein Wagons

Built in the regular wide Track and absolutely guaranteed

Corn Planters - Disc Harrows - Plows, Etc.

Write us for prices

Branch Stores

Amherst and Lovington, Va.

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#### EATING TOO MUCH.

While certain classes, owing to the stress of poverty, cannot obtain the nutrition they really need, the majority of people eat too much. Fortunately a moderate degree of over-eating does not appear to be markedly injurious. The digestive apparatus, though compelled to do more work than is really necessary, proves equal to the demand made upon it, and does not break down or get seriously out of order. This is but one illustration of many that might be given, showing how the marvelous mechanism of the human body adapts itself to conditions more or less abnormal. It is lucky for the average man that physiological laws are not of Medo-Persic inflexibility. He can violate them to a limited extent without incurring the penalty of disease, and he can, in fact, go beyond that point the punishment is swift and sure. Careful investigations prove that the daily "destructive metabolism," or, in plain English, the inevitable waste and wear of the body, which is the measure of the work it does, varies but little for different occupations. A diet of from 12 to 14 ounces of chemically dry food, if the ingredients are in proper proportion and really digestible, is sufficient to keep the average worker in good health. One part of nitrogen to seven or eight parts of non-nitrogenous food is found to be a fair combination.

A very small addition of stimulants appears to increase the amount of possible work; but moderately free drinking dilutes it. Women eat less than men, after making allowance for differences in weight and work. Where a man eats 10 ounces a woman of the same weight and equally active habits eats only 14 or 15 ounces. The figures above are more than enough for a hard working man, even when all the stimulants are taken into account. It is no uncommon thing, however, for a man of average size and activity to eat double this amount, or, in other words, to eat 28 ounces of chemically dry food in a day. In fact, I do not hesitate to say that the majority of people eat literally twice as much as they need.

If we do not "live to eat" we are far from making it the law of our diet to "eat to live." The palate is tempted to intemperance by appealing dishes when it would be fully satisfied with a normal amount of plain and wholesome food. Probably there are few people who will not have to confess that often the appearance of the pudding or pie revivifies the appetite which had been completely appeased by the meat and its concomitants in the preceding course at dinner. We feel that we have had enough, but the new and savory appeal to our love for the good things of the table is too much for us. We have been eating because we enjoy doing it. It is not necessary but it is "nice." Let us congratulate ourselves that, though gluttony and intemperance are bestial sins and cannot escape their punishment, moderate over-indulgence in eating is, as I have said, apparently a venial offense against the laws of health; but let us beware of presuming too much upon the mercy with which nature tempers justice in the enforcement of these laws.

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BUCKINGHAM, C. H.

And

SCOTTSDALE, VA.

Main Offices at Scottsville

DR. L. L. GAYLE

DENTIST

Office Over Babcock's

Appomattox Courthouse

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County Surveyor

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Director

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Lynchburg, Va.

A. H. CLEMENT

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